

Organised by  
BRITISH JOURNAL OF  
**HOSPITAL  
MEDICINE**

13th International Conference

# London Eating Disorders Conference 2017

**A three-day practical conference  
& exhibition**

Institute of Education, London  
22nd, 23rd & 24th March 2017

**Pre-conference training workshop on 21st March**

## **PROGRAMME ORGANISERS**

- Rachel Bryant-Waugh (UK) • Ian Frampton (UK)

## **SCIENTIFIC ADVISOR**

- Kenneth Nunn (Aus)

## **PROGRAMME COMMITTEE**

- Josie Geller (CAN) • Øyvind Ro (NOR)
- Roz Shafran (UK) • Steve Wonderlich (USA)

## **KEYNOTE SPEAKER**

- Dieter Wolke (UK)



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For more information or to register your interest, please email us at:

✉ **conferences@markallengroup.com**  
or visit **www.eatingdisordersconference.com**

Dear Colleagues,

We are delighted to invite you to our 13th London International Conference on Eating Disorders in March 2017. Each of our previous Eating Disorders conferences have far exceeded our expectations in terms of quality of the programme and number of attendees. We regularly have more than 450 participants from all over the world and we are understandably proud of how international the meeting has become.

At Eating Disorders 2017, the key topical issues, latest ideas and recent research findings will be presented by the leaders in the field.

We are delighted that our keynote speaker will be [Professor Dieter Wolke](#) from University of Warwick, UK, who is an international expert on developmental psychology. In addition, there will be plenary sessions on the topics of 'Understanding restraint and its relevance', 'Update on factors influencing the course and outcome of eating disorders', and 'Service users and carer perspectives'.

As always, we will be accepting abstract submissions for anyone wanting to present in our clinical workshop, short paper and poster sessions.

The conference will once again be held at one of London's premier academic institutions: The Institute of Education, University of London. Situated in the heart of London's sightseeing and shopping districts, with the British Museum a few paces away and with close proximity to all mainline connections, it will allow you to make the most of your visit to London whilst at the conference.

We look forward to offering you our personal welcome to London in March 2017.

Very warm regards,

Dr Ian Frampton  
& Dr Rachel Bryant-Waugh

# Eating Diso

## Tuesday 21st March

13.30-14.30	Pre-conference registration
14.30-17.00	<b>PRE-CONFERENCE TRAINING WORKSHOP</b> Medical complications of anorexia nervosa and bulimia and their treatments <a href="#">Philip Mehler (USA)</a>

## Wednesday 22nd March

08.00-09.30	Registration and refreshments
09.30-09.45	<b>Welcome and opening remarks:</b> <a href="#">Rachel Bryant-Waugh (UK)</a> & <a href="#">Ian Frampton (UK)</a>
09.45-10.30	<b>KEYNOTE ADDRESS:</b> Restraint in early childhood: implications for later development <a href="#">Dieter Wolke (UK)</a>
10.30-11.00	Refreshments and exhibition viewing
11.00-12.30	<b>PLENARY 1: UNDERSTANDING RESTRAINT AND ITS RELEVANCE TO EATING DISORDERS</b> "Restricting to bingeing - the paradox of restraint in eating disorders" <b>CHAIR:</b> <a href="#">Ian Frampton (UK)</a> <a href="#">Michelle Craske (USA)</a> <a href="#">Anita Jansen (The Netherlands)</a> <a href="#">Laurence Claes (Belgium)</a>
12.30-14.00	Lunch and exhibition viewing
14.00-15.30	<b>CONCURRENT SESSION 1</b>
15.30-16.00	Refreshments and exhibition viewing
16.00-17.30	<b>CONCURRENT SESSION 2</b>
17.30-19.30	Official poster viewing and drinks reception

## Thursday 23rd March

08.00-09.15	Registration, refreshments, poster and exhibition viewing
09.15-10.45	<b>PLENARY 2: UPDATE ON FACTORS INFLUENCING THE COURSE AND OUTCOME OF EATING DISORDERS</b> "Are we any further forward in understanding how to influence treatment outcomes?" <b>CHAIR:</b> <a href="#">Josie Geller (CAN)</a> <a href="#">Jennifer Thomas (USA)</a> <a href="#">Glenn Waller (UK)</a>
10.45-11.15	Refreshments, poster and exhibition viewing
11.15-12.45	<b>SHORT PAPER SESSIONS</b>
12.45-14.00	Lunch, poster and exhibition viewing
14.00-15.30	<b>CONCURRENT SESSION 3</b>
15.30-16.00	Refreshments, poster and exhibition viewing
16.00-17.30	<b>CONCURRENT SESSION 4</b>
17.30-19.30	Official poster viewing and drinks reception

# Orders 2017

## Friday 24th March

09.00-09.30	Registration, refreshments, poster and exhibition viewing
09.30-11.00	CONCURRENT SESSION 5
11.00-11.30	Refreshments, poster and exhibition viewing
11.30-13.00	CONCURRENT SESSION 6
13.00-14.15	Lunch, poster and exhibition viewing
14.15-15.45	<b>PLENARY 3: SERVICE USER AND CARER PERSPECTIVES</b> "Service user and carer participation in eating disorders research, service design and treatment" <a href="#">Speakers to be confirmed</a>
15.45-16.00	CLOSING REMARKS
16.00	CLOSE OF CONFERENCE

## 3 EASY WAYS TO BOOK

✉ Complete and return the registration form enclosed

☎ 0207 501 6762 🌐 [www.eatingdisordersconference.com](http://www.eatingdisordersconference.com)

## Call for Abstracts

Instructions for submitting abstracts (closing date for abstract submissions: 12th September 2016)

- All abstracts must be submitted online via the website [www.eatingdisordersconference.com](http://www.eatingdisordersconference.com)
- No abstracts will be accepted unless submitted via this system
- You can submit an abstract for one of three types of presentation:
  - Short paper (10 minutes presentation, 5 minutes discussion)
  - Poster (Board dimensions are 1m x 1m)
  - Workshop (Concurrent session: 90 minutes total, including a minimum of 45 minutes discussion)
- Short paper and poster abstracts should report research studies and must follow the format: background, methods, results and conclusions
- Workshops should focus on clinical issues and must follow the format: aims, content (including timings), contributions from each presenter (maximum of 3) and time allocated for discussions. Please note workshops are interactive and should contain absolutely no more than 45 minutes of didactic material
- The winner of our best poster competition and best short paper competition will receive a complimentary place at our 14th London International Eating Disorders Conference in 2019.

**CLOSING DATE FOR ABSTRACT SUBMISSIONS: 12TH SEPTEMBER 2016**

Notification of whether you have been accepted to present will be emailed to you by **25th October 2016**.

## Who should attend?

Eating Disorders 2017 will appeal to all medical and healthcare professionals who are interested in the assessment and treatment of people with eating disorders and who would like to learn more about the very latest developments in this field.

This will include:

- Counsellors
- Dietitians
- Family Therapists
- General Practitioners
- Family Physicians
- Nurses
- Occupational Therapists
- Paediatricians
- Physicians
- Psychiatrists
- Psychologists
- Psychotherapists
- Social Workers
- Self help group facilitators
- Trainees
- Teachers
- Youth Workers



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the conference:**  
**#LEDC2017**





# Conference information

## Programme organisers

Rachel Bryant-Waugh (UK) Ian Frampton (UK)

## Scientific advisor

Kenneth Nunn (Aus)

## Keynote speaker

Dieter Wolke (UK)

## Programme committee

Josie Geller (CAN) Øyvind Ro (NOR)  
Roz Shafran (UK) Steve Wonderlich (USA)

## Plenary themes

1. Understanding restraint and its relevance
2. Update on factors influencing the course and outcome of eating disorders
3. Service users and carer perspectives

## Conference format

The three day conference combines plenary lectures, concurrent sessions, short papers and posters. These will convey the very latest ideas and research findings in the field of eating disorders. The aim is to encourage maximum response from participants and a lively exchange of ideas. The conference offers participants the opportunity to choose six 90 minute sessions out of a total of 36 to maximise the relevance of the meeting to each individual.



## Feedback from Eating Disorders 2015

*"I would like to congratulate you on a very successful conference. It has been the most useful conference for eating disorders that I've attended thus far and I got a lot of practical information out of it"*

*"The best conference I have attended in some years, it is my first attendance and I would definitely come again"*

*"Wonderful conference and a pleasure to be part of.  
Thanks very much"*

*"Thank you for the 3 days - it has been an inspiration for my work"*

*"The conference was extremely well organised. Speakers had an excellent knowledge and the enthusiasm they had for their topics was excellent"*

## THE VENUE

Institute of Education,  
University of London,  
20 Bedford Way,  
London, WC1H 0AL

Tel: 0207 612 6000 [www.ioe.ac.uk](http://www.ioe.ac.uk)



Leading education  
and social research  
Institute of Education  
University of London

Eating Disorders 2017 is being held at The Institute of Education (IOE), University of London, 20 Bedford Way, London WC1H 0AL and getting to the college could not be simpler. Within easy access of all London's major airports, superb connections from all mainline rail stations including King's Cross, St Pancras (Eurostar) and Euston, just minutes away on foot, and an underground station within a few yards of the college and moments from numerous hotels.

Bloomsbury is the traditional haunt of London's literary set and close to many of London's famous landmarks including The British Museum. A short walk to the south are the narrow streets of Soho and Covent Garden and the West End theatres surrounding Shaftesbury Avenue and Covent Garden, a shoppers' paradise, home to the Royal Opera House and the London Transport Museum. To the south-west is Oxford Street. For more exclusive shopping, walk on to Regent Street, Bond Street and the glittering attractions of Mayfair. If you're looking for green space, head north towards Regent's Park and London Zoo. Both are close to Camden Town, the site of a series of lively street markets. You will have plenty to do after an educational and stimulating day at the conference.



## ACCOMMODATION DETAILS

There are a great variety of hotels to choose from in the Bloomsbury area ranging from 5 star luxury to low cost accommodation. Here are a few options to assist you when making a reservation.

### Grange Hotels



Grange Hotels have 5 hotels within close proximity to the conference venue and are offering a special rate for delegates attending *Eating Disorders 2017*.

To make a reservation please contact Grange Hotels central reservations quoting: 'MA Healthcare'.

Tel: +44 (0)207 233 7888 Fax: +44 (0)207 630 9897  
Email: [reservations@grangehotels.com](mailto:reservations@grangehotels.com)

### Expotel

Expotel can provide a complimentary hotel booking service for delegates attending *Eating Disorders 2017*.

To enquire about making a reservation or to get details of other hotels contact Expotel on the number below, choose the 'hotel' option and quote MA Healthcare/Eating Disorders 2017.

Tel: +44 (0)845 054 8470 Email: [events@expotel.com](mailto:events@expotel.com)

### The Hilton London Euston Hotel

A 4 star hotel minutes from Euston Station and the conference venue. Address: 17-18 Upper Woburn Place, Bloomsbury, London WC1H 0HT, UK

Tel: +44 (0)20 7943 4500 Fax: +44 (0)20 7943 4501  
Email: [reservations.euston@hilton.com](mailto:reservations.euston@hilton.com)

### Lower cost accommodation Imperial London Hotels

A chain of six hotels all within walking distance of the venue ranging from student rooms through to 3 star. In order of quality:- Imperial (3 star), President, Bedford, Royal National, Tavistock (students) and County (students)

Tel: +44 (0)207 2787 871/2/3 or Email: [info@imperialhotels.co.uk](mailto:info@imperialhotels.co.uk)  
Web: [www.imperialhotels.co.uk](http://www.imperialhotels.co.uk)

## BURSARIES

There are a limited number of bursaries available.

Please write or email to: Lisa Freeman, Conference Manager, MA Healthcare Ltd, Dulwich Road, London SE24 0PB.

Email: [lisa.freeman@markallengroup.com](mailto:lisa.freeman@markallengroup.com)

Requests must be received by the 28th November 2016

## POSTER AND SHORT PAPER PRIZES

### WIN A FREE DELEGATE PLACE FOR 2019

Poster and short paper submissions selected for presentation at the conference will be voted on during the event by the committee. The winning submissions will be awarded a free delegate place (worth up to £1000 at the 14th London International Eating Disorders Conference in 2019).

## NEW RESEARCHER AWARD

New to 2017: The Professor Bryan Lask Rising Star in Research Award will recognise the talent and expertise of promising new researchers in the field of eating disorders. You can apply for this Award by submitting your abstract online and selecting the Research Award option. The winner of this Award will be decided by the Programme Committee and announced at the conference.

# Eating Disorders 2017

22nd, 23rd & 24th March 2017 | Institute of Education, London

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Ways to book:	online at: <a href="http://www.eatingdisordersconference.com">www.eatingdisordersconference.com</a>	Booking line: <b>+44 (0)207 501 6762</b>	Cheque: payable to MA Healthcare Ltd (in Sterling) to the address below	Fax: <b>+44 (0)207 978 8319</b>	Request an invoice
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## Your Details: \*\*\* If you are making a multiple booking, please attach a list of all delegate names and job titles

Title (Dr, Mr, Mrs etc)

Forenames

Surname

Job title

Home address

Post code

Work address

Post code

Telephone

Email

I understand that this registration booking is subject to the booking conditions. ☐

Signature

Date

## Delegate Rates Please tick the box as applicable

### Professors, Consultants, GPs & Industry Representatives

Until 26th September 2016: £855.00 (incl VAT) ☐

From 27th Sept to 19th Dec 2016: £980.00 (incl VAT) ☐

After 20th December 2016: £1230.00 (incl VAT) ☐

### All others

Until 26th September 2016: £775.00 (incl VAT) ☐

From 27th Sept to 19th Dec 2016: £875.00 (incl VAT) ☐

After 20th December 2016: £1100.00 (incl VAT) ☐

☐ I would like to attend the pre-conference training workshop on 21st March

Value added tax: UK Customs & Excise specify that all conference participants must pay VAT at its current rate of 20%

## Payment Details:

### I wish to pay by Debit/Credit Card

Please debit my ☐ Visa ☐ Mastercard ☐ Maestro ☐ American Express

Card no

Valid from  Expiry date

Issue no (Maestro cards only)  3 digit security code

Signature

Date

• **Bank transfer** Account: MA Healthcare Ltd Bank: HSBC Address: 31 Holborn, London EC1N 7HR Account no: 21188127 Sort Code: 40-05-03 IBAN No: GB46MIDL40050321188127 BIC/SWIFT No: MIDLGB2115N

### Invoice (UK residents only)

Requesting an invoice and signing this form will secure your place at the conference. All invoices must be paid in full before the event. See booking condition 1.

If you have authorisation from your trust/department to attend this event and require an invoice, please provide the correct billing address or shared services address (including the relevant payable codes) and a purchase order number.

We are unable to process any bookings without this information. We are unable to send out invoices to home addresses.

PLEASE COMPLETE IN FULL WITH CONTACT NAME IF DIFFERENT FROM ABOVE

PO Number

Contact

Full invoice address

Post code

Telephone

Signed

## Conference fee includes

- Attendance to all sessions
- Admittance to the exhibition and poster sessions
- Morning refreshments, lunch and afternoon tea
- Certificates of accreditation
- Conference documentation
- Invitation to join us and your colleagues from around the world at both the social events planned for the evenings of 22nd & 23rd March 2016

## Confirmation of booking

All bookings will be confirmed by email, unless otherwise stated. Please contact us if you have not received your confirmation 5-7 days after submitting your booking.

## Exhibition & Sponsorship

If you are interested in exhibiting or sponsoring this event contact: Naomi on +44 (0)207 501 6746 [naomi.ononuju@markallengroup.com](mailto:naomi.ononuju@markallengroup.com)

## How did you hear about the conference?

- ☐ Direct mailing
- ☐ Email
- ☐ Recommendation
- ☐ MA Healthcare Events website
- ☐ Other website (please specify) \_\_\_\_\_
- ☐ Advert in Journal (please specify) \_\_\_\_\_
- ☐ Other (please specify) \_\_\_\_\_

## Booking conditions

MA Healthcare Ltd (The Company) accepts bookings under the following conditions:

1. Returning the signed registration form constitutes a firm booking.

2. The Company reserves the right to cancel a booking if payment is not made six weeks prior to the conference taking place. Any outstanding payment becomes the responsibility of the signatory made on the reservation form
3. Written cancellations received six weeks prior to the conference will be accepted and a refund less a 10% administration fee will be made. After this date, no refunds can be given. Verbal cancellations will not be accepted. If written cancellation is not received six weeks prior to the conference full payment will still be due irrespective of whether the delegate attends the conference. Substitute delegates are welcome at any time.
4. MA Healthcare Ltd reserves the right to make changes to the speakers and programmes without prior notice. Speakers approached at time of print.
5. MA Healthcare Ltd shall not have any liability, except for death or personal injury caused by its negligence, beyond the value of the conference. Personal arrangements including travel, subsistence and accommodation relating to the conference are made by delegates at their own risk.
6. We will be seeking support from pharma companies for this conference

Full terms and conditions can be viewed at: [www.mahealthcarevents.co.uk/terms.shtml](http://www.mahealthcarevents.co.uk/terms.shtml)

For more information visit [www.eatingdisordersconference.com](http://www.eatingdisordersconference.com)  
or telephone **+44 (0)207 501 6762** email: [conferences@markallengroup.com](mailto:conferences@markallengroup.com)

Please return to: Eating Disorders 2017, MA Healthcare Ltd, St Jude's Church, Dulwich Road, Herne Hill, London SE24 0PB, UK

## STAY INFORMED

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Please indicate below your preferences for such communications: Please tick here if you do not want to receive relevant work-related direct mail from third parties ☐ Please tick here if you want to receive carefully screened work-related emails from third parties ☐ For a list of companies included in the Mark Allen Group and our privacy policy, please see our website - [www.markallengroup.com/privacypolicy](http://www.markallengroup.com/privacypolicy)